

Söol Fit™ Specification Table

	Basic	Treadmill	Challenger
Frame			
Frame width	51		
Frame height	91		
Frame height w/rubber pads	91 - 1/4		
Minimum ceiling height	92 - 1/2		
Frame depth	14		
Mounting strut height from floor (lower)	14 - 7/16		
Mounting strut height from floor (upper)	81 - 11/16		
Strut thickness from wall including spacer	1 - 1/8		
Bench			
Bench L x W x H (height from Floor)	11-1/2 - 9-1/2 - 6-1/2		
Bench Maximum weight limit (body + weights combined)	450 lbs		
Bench extended - length from wall	65 - 1/2		
Bench folded - height from floor	69		
Bench feet adjustment	1/2 in		
Bench back elevation- adjustment angles 1, 2, 3, 4	10°, 15°, 20°, 25°		
Bench seat elevated angle	15°		
Accessories			
Number of stretch band anchor points	14		
Shelf L x W x H (height from Floor)	49 x 7 x 82		
Ball Hanger height from floor	72		
Ball Hanger Max Dia - Space 1, 2, and 3	6 - 8 - 3/4 - 11		
Balance ball Dia x H (Max inflation height)	25 x 8-1/2		
Olympic Curl bar - storage length maximum	48		
Weight plates storage Post - qty	1	2	1
Weight plate storage Post-Length/Max plate Dia/Max weight	6 / 12 / 100 lbs		6 / 9 / 75 lbs
Weight plate storage compartment - L x W x H			16 x 12 x 16
Wood Cabinet			
Cabinet solid wood options	Poplar, Cherry, Walnut		
Cabinet without crown molding W x D (from wall) x H	52-3/4 x 17-1/4 x 92-1/4		
Cabinet with crown molding W x D (from wall) x H	58-5/8 x 19-1/8 x 93-5/8		
Door swing clearance front & side-Full swing-Folded swing	27-1/4 - 14		
Cabinet - Side Panel clearance to wall (molding clearance)	1/2 in		
Metal Cabinet			
Cabinet - Aluminum Diamond plate W x D (from wall) x H			51-7/8 x 16-1/4 x 92-1/4
Door swing clearance front / side - Full swing/Folded swing			26 / 13-1/4
Side Panel clearance to wall			1/2 in
Pull up Bar			
Pull up bar extended - distance from frame	14		
Pull up bar extended - height from floor	79		
Pull up bar width	46		
Pull up bar maximum combed weight limit	350 lbs		
Equipment tree			
Total weight maximum	350 lbs		350 lbs
Number of Dumbbell/ Kettle bell locations	12		16
Max Dumbbell/ Kettle bell Dia x Length	6 x 12		6 x 12
Max Dumbbell/ Kettle bell Dia x Length (Lowest Position)	5 x 12		5 x 12
Number of roller/mat locations	2		2
Roller/mat Max Dia x length	6 x 36		6 x 24

Söol Fit™ Specification Table (Continued)

	Basic	Treadmill	Challenger
<u>Treadmill</u>			
Walking Treadmill model		TR 1200	
Treadmill extended length from wall		82-1/4	
Treadmill overall width including work station		31	
Support arm height from treadmill belt		38-1/4	
Distance between support arms		28-1/4	
Work station L x W x H-height from treadmill belt		16 x 31 x 38-1/2	
Work station goose neck LED light		30 long - 5 watt LED	
Work station power outlets / USB outlets		2 / 2	
Work station Left drawer/pocket L x W x H		12 x 12 x 2-1/4	
Work station Right drawer/pocket L x W x H		9 x 13-1/2 x 2-1/4	
Lift force - first stage / second stage		10 lbs / 50 lbs	
Wire cradle Roller / Mat storage - Diameter x W		6 x 24	
Dumbbell/ Kettle bell locations - Qty		10 (14 w/o curl bar)	
Dumbbell/ Kettle bell locations - Max Dia x Length		6 x 12	
Dumbbell/ Kettle bell locations - Total weight maximum		350 lbs	
TV Monitor - Max L x W x D		17 x 29 x 3-1/4	
TV Monitor - Model		Samsung UN32N5300	
<u>Challenger model</u>			
Rack maximum weight / Spotting arm maximum weight			350 lbs
Rack height extended			78-1/2
Rack width including spotting arms			49
Rack extended length from wall			45
Rack Weight limit			350 lbs
Rack pull up bar height x width x distance to frame			77-1/2 x 42-7/8 x 16-5/8
Pull up bar maximum combined weight limit			350 lbs
Rack fork height range			26 - 73
Spotting arm height from floor - Position 1/ Position 2			25-3/8 - 28-3/8
Spotting arm height from bench - flat - Position 1/ Position 2			8-3/4 - 11-3/4
<u>Bike Trainer Option</u>			
Bike trainer - Model (Optional)	Cycle Ops Fluid 2 9904		
<u>Packaging</u>			
Packaging: L x W x H - weight			
Söol Fit™ pallet shipping specification	94 x 36 x 53 - 350 lbs	94 x 36 x 53 - 450 lbs	94 x 36 x 53 - 380 lbs
Frame assembly welded	53 x 93 x 16 - 140 lbs	53 x 93 x 16 - 210 lbs	53 x 93 x 16 - 180 lbs
Bench assy	64-3/8 x 14-1/4 x 7-1/2 - 35 lbs		
installation kit	54-5/8 x 7-1/2 x 3-1/4 -15 lbs		
Diamond plate Cabinet set			93-1/8 x 17-3/4 x 5 65 lbs (2 cartons)
Wood Cabinet side panels	93-1/8 x 17-3/4 x 5 - 40 lbs		
Wood Cabinet door set	85-7/4 x 17-3/4 x 5 30 lbs (2 cartons)		
Wood Cabinet front plate set	54-5/8 x 7-1/2 x 3-1/4 -20 lbs		
Accessories	12-1/8 x 2-1/5 x 25-1/8 - 10 lbs	12-1/8 x 2-1/5 x 25-1/8 - 15 lbs	
Crown molding	19-5/8 x 61-1/8 x 4 - 10 lbs		
Work station	31-1/8 x 32-5/8 x 5 - 25 lbs		
TV/Monitor	20 x 32 x 6 - 10 lbs		
Treadmill pallet shipping specification	67 x 30 x 9 - 114 lbs		
Bike trainer	Box #1 - 28 x 21-1/2 x 15-3/4 - 20lbs		
Bike trainer stabilizer	Box #2 - 15 x 14 x 6 - 2 lbs		
Bike trainer mat	Box #3 - 3 x 3 x 37 - 10 lbs		
Bike trainer hangers	Box #4 - 22 x 5 x 2 - 8 lbs		
<u>Equipment Packages</u>			
Equipment package LIGHT *** pallet shipping specification	Packaging Varies - 175 lbs		
Equipment package MEDIUM *** pallet shipping specification	Packaging Varies - 260 lbs		
Equipment package HEAVY *** pallet shipping specification			Packaging Varies - 720 lbs
Curl Bar w/plates pallet shipping specification	Packaging Varies - 105 lbs		

*** Measurements may vary